

## Common Behavioral Health Definitions

**Co-occurring Disorders:** A person has both mental health and substance use issues

**Outpatient:** Treatment takes place in a community program setting. Patients do not stay overnight

**Inpatient:** Treatment takes place in a residential, hospital, or treatment facility. Patient stays overnight for an extended period of time

**Recovery/Resource Centers:** Centers where a person can get information on many types of treatment, recovery and support options including peer support

**Support Groups:** Groups that do not provide licensed treatment but can offer support

**Crisis Hotline:** A phone number an individual can call, usually 24/7 when there is a mental health or substance use emergency

**Peer Services:** Persons with personal experience specially trained to work with people

**Detox:** Programs help remove substances from your body with the help of licensed medical professionals. This could happen in an inpatient or outpatient setting

**Respite Services:** Short-term relief to people who are caring for family members who might need more support outside of the home. There are different models for providing respite care depending on how much support is needed

**Medication Assisted Treatment (MAT):** Treatment approach for opioid misuse using medications given by a medical professional.

**If you are not ready for substance use treatment, there are other options available:**

**Harm Reduction** programs give you ways to lower the chance of overdose and other dangers that come with substance use such as getting HIV/Hep C and other illnesses including:

- **Naloxone:** medication that temporarily stops an opioid overdose and saves lives
- **Syringe Exchange:** free sterile syringes and collects used syringes from injection drug users

For more information on harm reduction services, reach out to CHAS's Harm Reduction Program 718-808-1800.

## MORE HELPFUL RESOURCES

### Helplines:

**NYS Office of Alcoholism & Substance Abuse Services (OASAS) HOPELINE**  
1-877-8-HOPENY (1-877-846-7369) or text HOPENY

### NYC WELL

1-888 NYC WELL (1-888-692-9355)  
Or text WELL to 65173

### Support groups for people who struggle with substance use:

#### Alcoholics Anonymous

Visit [www.statenislandaa.org](http://www.statenislandaa.org)  
Or call the 24/7 Hotline at (212) 647-1680

#### Narcotics Anonymous

Visit [www.newyorkna.org](http://www.newyorkna.org)  
Visit [www.na-si.org](http://www.na-si.org)

### Support groups for people who struggle with mental health:

#### National Alliance on Mental Illness (NAMI)

930 Willowbrook Rd Staten Island, NY 10314  
(718) 477-1700

### Support groups for loved ones:

#### Al-Anon

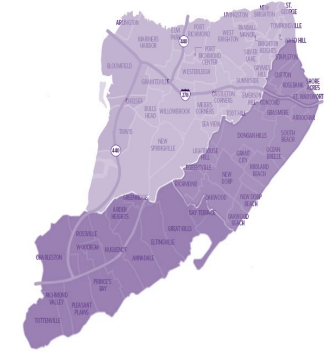
Visit [www.nycalanon.org/](http://www.nycalanon.org/)  
Or call (212) 941-0094 to find local services

#### Nar-Anon

Visit [www.nar-anon.org/naranon/](http://www.nar-anon.org/naranon/)  
Or call (800) 984-0066 or (718) 967-2608 to find local services

#### SMART Recovery for Family & Friends NYC

Call (646) 472-9706 or email  
[SMARTstateniland@gmail.com](mailto:SMARTstateniland@gmail.com)



## STATEN ISLAND Behavioral Health Resource Guide

*Your guide to*

## Substance Use, Mental Health Treatment and Support Services

The Staten Island Partnership for Community Wellness (SIPCW) and the Staten Island Performing Provider System (SI PPS) are nonprofit organizations working to connect the community with behavioral health resources. This guide gives definitions for common behavioral health terms and local resources on Staten Island.

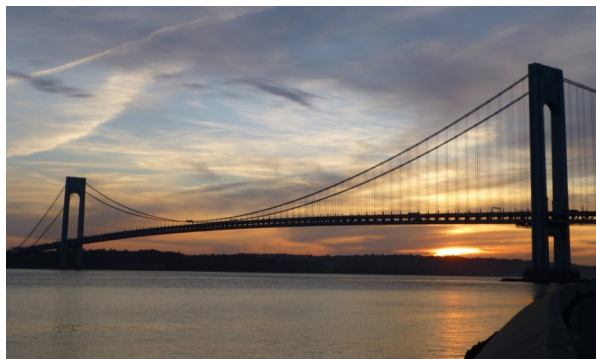


## What is Behavioral Health?

**Behavioral Health** is a state of well-being that includes our social, emotional, physical, and psychological conditions. Behavioral health services address mental health and substance misuse disorders.

Behavioral Health issues are different for everyone and require different levels of care. The following outpatient providers can help you or your loved ones find services that are appropriate and connect you to care in your community including inpatient, residential, or other services. Many of these state licensed providers address both substance use and mental health issues.

Behavioral Health issues can impact families and loved ones. Many of these providers offer counseling services for loved ones and families of a person with behavioral health issues.



## Recovery and Resource Centers:

*Ask about peer support and harm reduction\**

### **Community Health Action of SI Next Step Resource Center\*** (all ages)

26 Bay Street, 3rd FL, SI, NY 10301  
718-808-1450

### **Christopher's Reason\*** (all ages)

4521 Arthur Kill Rd., 3RD FL, SI, NY10309  
718-605-1989

### **Carl's House** (all ages)

585 Veterans Rd W, SI, NY 10309  
(718) 412-1851 ( choose option 1) + open 24 hours 7 days a week

## Substance Use Treatment:

### **Bridge Back to Life Center** (serve all ages)

1688 Victory Boulevard, SI, NY 10314  
718-447-5700

### **Camelot of Staten Island** (all ages)

263 Port Richmond Avenue, SI, NY 10302  
718-981-8117

### **Community Health Action of Staten Island (CHASI)** (ages 18+)

56 Bay Street 6th Floor, SI, NY 10301  
718-808-1439

### **Project Hospitality** (ages 18 +)

14 Slosson Terrace, SI, NY 10301  
718-273-8409

### **RUMC/Silberstein Center** (ages 18 +)

1130 South Avenue, SI, NY 10314  
718-818-6970

### **Samaritan Daytop Village** (all ages)

1915 Forest Avenue, SI, NY 10303  
718-981-3136

### **Silver Lake Support Services** (ages 18 +)

201 Forest Avenue, SI, NY 10301  
718-815-3155

### **Staten Island Mental Health Society** (ages 11+)

444 St. Mark's Place, SI, NY 10301  
718-720-6727

669 Castleton Avenue, SI, NY 10310

718-442-2225

### **Staten Island University Hospital** (ages 18 +)

392 Seguire Avenue, SI, NY 10314  
718-226-2808

### **HeartShare St. Vincent's Services** (all ages)

56 Bay Street, 1st Floor, SI, NY 10301  
718-981-7861

### **YMCA Counseling Service** (all ages)

3911 Richmond Avenue, SI, NY 10312  
718-948-3232

285 Vanderbilt Avenue, SI, NY 10304

718-981-4382

### **Christopher's Reason dba Resource Training and Counseling Center** (all ages)

4521 Arthur Kill Rd., 3RD FL, SI, NY10309  
718-605-1989

## Mental Health Providers:

### **Jewish Board of Family and Children's Services** (all ages)

2795 Richmond Ave Staten Island, NY 10314  
718-761-9800

### **St. Joseph's Medical Center** (ages 18+)

1216 Bay St Staten Island, NY 10305  
718-718-985-4740

### **Staten Island Mental Health Society** (ages 0-19)

444 St. Mark's Place, SI, NY 10301  
718-720-6727

669 Castleton Avenue, SI, NY 10310

718-442-2225

### **South Beach Psychiatric Center** (all ages)

777 Seaview Ave Staten Island, NY 10305  
718-667-2300

### **RUMC-St. George Clinic** (all ages)

1130 South Ave Staten Island, NY 10314  
718-818-6132

### **Freedom from Fear** (all ages)

308 Seaview Ave Staten Island, NY 10305  
718-351-1717

### **Sky Light Center** (ages 18+)

307 St. Mark's Place Staten Island, NY 10301  
718-780-2585

### **Project Hospitality** (ages 18+)

14 Slosson Terrace Staten Island, NY 10301  
718-273-8409

### **Silver Lake Support Services** (ages 18+)

201 Forest Ave SI, NY 10301  
718-815-3155

### **SIUH Mental Health Clinic** (ages 18+)

392 Seguire Ave SI, NY 10309  
718-226-2274

450 Seaview Ave SI, NY 10305

718-226-8910

### **SIUH OnTrack NY** (onset of psychosis ages 16-30)

392 Seguire Ave SI, NY 10309

718-226-2538/8451

### **RUMC Comprehensive Psychiatric Emergency Program (CPEP)+** (all ages)

355 Bard Ave (1st Floor) Staten Island, NY 10310

718-818-6443

**If you are having a mental health emergency, go to Richmond University Medical Center– Comprehensive Psychiatric Emergency Program or call NYC Well to dispatch a crisis mobile team**